

**Application for membership of the
Complementary Therapies
Special Interest Group (ANF Vic Branch)**

Personal Details

Name _____

Postal Address _____

_____ Postcode _____

Phone _____ Fax _____

Email _____

ANF Membership No _____

Professional Details

Are you a complementary therapies practitioner? **YES/NO**

Which modalities? _____

Do you wish to be included in our Membership Directory?

YES/NO If yes, please list:

Business Name _____

Postal Address _____

_____ Postcode _____

Phone _____ Fax _____

Email _____

Are you interested in presenting at seminars/ workshops?
YES/NO

Thank you for completing this form.

Please forward with a cheque for \$20 made out to:

Complementary Therapies SIG ANF (Vic Branch)
and send to:

**The Treasurer, Complementary Therapies SIG
C/- ANF Vic Branch
540 Elizabeth Street, Melbourne 3000**

ADVANTAGES OF MEMBERSHIP

Members receive:

- ⌘ Bi-monthly meetings and education sessions featuring different complementary modalities
- ⌘ A copy of the Membership Directory for effective networking
- ⌘ Access to information from other organisations through our membership / affiliation with groups such as:
 - The Royal College of Nursing (UK) Complementary Therapies in Nursing Forum.
 - The Australian College of Holistic Nurses Inc
- ⌘ A complimentary newsletter
- ⌘ Free promotion of members activities or seminars in the newsletter
- ⌘ Discounts on seminars

Complementary Therapies Special Interest Group (ANF Vic Branch)



***"Promoting the responsible
introduction of
Complementary therapies
into professional health care
environments"***

Who are we

The Complementary Therapies Special Interest Group (SIG) began as a forum of the ANF (Vic Branch) in late 1994

The need to form a group arose from an awareness amongst nurses that the most tactile, caring aspects of nursing were being supplanted by an increasing focus on technology

Current nursing theory and practice recognizes the importance of treating the patient as a whole person, encompassing physical, mental, emotional and spiritual needs

Many nurses identify complementary therapies as a positive means of addressing these needs, thus enhancing the well being of the patient

Examples of complementary therapies include:

- ⌘ Massage
- ⌘ Aromatherapy
- ⌘ Reflexology
- ⌘ Relaxation techniques
- ⌘ Bowen therapy
- ⌘ Energetic healing
- ⌘ Shiatsu
- ⌘ Music therapy

Some members of the SIG are qualified practitioners in one or more modalities and have established their own private practices, whilst others use their qualifications and skills as an adjunct to their nursing care

All members are enthusiastic supporters of complementary therapies

Objectives of the Group

- To** act as a support group for registered nurses by exchanging ideas and resources
- To** provide a forum where members can discuss pertinent issues at bi-monthly meetings
- To** facilitate professional development in complementary therapies for members by inviting speakers who specialise in a particular modality to address open meetings
- To** broaden knowledge of complementary therapies within and outside the group by being available as a consultant group